

CONFEDERAÇÃO BRASILEIRA DE ATLETISMO

TABELA DE PONTUAÇÃO PARA PROVAS COMBINADAS – PENTATLO MASCULINO

Tabela para Provas dos Jogos Escolares da Juventude – 15 a 17 anos

(Vigência a partir de 2019)

Pentatlo Masculino:

<i>Ordem</i>	<i>Prova</i>	<i>Tabela a ser utilizada</i>
1 ^a	110m c/ bar.	Tabela Decatlo IAAF
2 ^a	Distância	Tabela Decatlo IAAF
3 ^a	Peso	Tabela Decatlo IAAF
4 ^a	Altura	Tabela Decatlo IAAF
5 ^a	800m	Tabela CBAAt

800m rasos

Marca	Pontos	Marca	Pontos	Marca	Pontos	Marca	Pontos	Marca	Pontos	Marca	Pontos	Marca	Pontos
1:53.81	950	1:54.76	925	1:55.73	900	1:56.72	875	1:57.71	850	1:58.72	825	1:59.75	800
1:53.85	949	1:54.80	924	1:55.77	899	1:56.75	874	1:57.75	849	1:58.76	824	1:59.79	799
1:53.89	948	1:54.84	923	1:55.81	898	1:56.79	873	1:57.79	848	1:58.81	823	1:59.83	798
1:53.92	947	1:54.88	922	1:55.85	897	1:56.83	872	1:57.83	847	1:58.85	822	1:59.88	797
1:53.96	946	1:54.92	921	1:55.89	896	1:56.87	871	1:57.87	846	1:58.89	821	1:59.92	796
1:54.00	945	1:54.96	920	1:55.93	895	1:56.91	870	1:57.91	845	1:58.93	820	1:59.96	795
1:54.04	944	1:55.00	919	1:55.97	894	1:56.95	869	1:57.95	844	1:58.97	819	2:00.00	794
1:54.08	943	1:55.03	918	1:56.01	893	1:56.99	868	1:57.99	843	1:59.01	818	2:00.04	793
1:54.11	942	1:55.07	917	1:56.05	892	1:57.03	867	1:58.03	842	1:59.05	817	2:00.08	792
1:54.15	941	1:55.11	916	1:56.08	891	1:57.07	866	1:58.07	841	1:59.09	816	2:00.13	791
1:54.19	940	1:55.15	915	1:56.12	890	1:57.11	865	1:58.11	840	1:59.13	815	2:00.17	790
1:54.23	939	1:55.19	914	1:56.16	889	1:57.15	864	1:58.16	839	1:59.17	814	2:00.21	789
1:54.27	938	1:55.23	913	1:56.20	888	1:57.19	863	1:58.20	838	1:59.22	813	2:00.25	788
1:54.30	937	1:55.27	912	1:56.24	887	1:57.23	862	1:58.24	837	1:59.26	812	2:00.29	787
1:54.34	936	1:55.31	911	1:56.28	886	1:57.27	861	1:58.28	836	1:59.30	811	2:00.33	786
1:54.38	935	1:55.34	910	1:56.32	885	1:57.31	860	1:58.32	835	1:59.34	810	2:00.38	785
1:54.42	934	1:55.38	909	1:56.36	884	1:57.35	859	1:58.36	834	1:59.38	809	2:00.42	784
1:54.46	933	1:55.42	908	1:56.40	883	1:57.39	858	1:58.40	833	1:59.42	808	2:00.46	783
1:54.50	932	1:55.46	907	1:56.44	882	1:57.43	857	1:58.44	832	1:59.46	807	2:00.50	782
1:54.53	931	1:55.50	906	1:56.48	881	1:57.47	856	1:58.48	831	1:59.50	806	2:00.54	781
1:54.57	930	1:55.54	905	1:56.52	880	1:57.51	855	1:58.52	830	1:59.55	805	2:00.59	780
1:54.61	929	1:55.58	904	1:56.56	879	1:57.55	854	1:58.56	829	1:59.59	804	2:00.63	779
1:54.65	928	1:55.62	903	1:56.60	878	1:57.59	853	1:58.60	828	1:59.63	803	2:00.67	778
1:54.69	927	1:55.65	902	1:56.64	877	1:57.63	852	1:58.64	827	1:59.67	802	2:00.71	777
1:54.73	926	1:55.69	901	1:56.68	876	1:57.67	851	1:58.68	826	1:59.71	801	2:00.75	776

800m rasos

Marca	Pontos	Marca	Pontos	Marca	Pontos	Marca	Pontos	Marca	Pontos	Marca	Pontos	Marca	Pontos
2:00.80	775	2:01.86	750	2:02.94	725	2:04.04	700	2:05.16	675	2:06.30	650	2:07.47	625
2:00.84	774	2:01.90	749	2:02.98	724	2:04.08	699	2:05.21	674	2:06.35	649	2:07.52	624
2:00.88	773	2:01.94	748	2:03.03	723	2:04.13	698	2:05.25	673	2:06.40	648	2:07.56	623
2:00.92	772	2:01.99	747	2:03.07	722	2:04.17	697	2:05.30	672	2:06.44	647	2:07.61	622
2:00.97	771	2:02.03	746	2:03.11	721	2:04.22	696	2:05.34	671	2:06.49	646	2:07.66	621
2:01.01	770	2:02.07	745	2:03.16	720	2:04.26	695	2:05.39	670	2:06.53	645	2:07.70	620
2:01.05	769	2:02.12	744	2:03.20	719	2:04.31	694	2:05.43	669	2:06.58	644	2:07.75	619
2:01.09	768	2:02.16	743	2:03.25	718	2:04.35	693	2:05.48	668	2:06.63	643	2:07.80	618
2:01.13	767	2:02.20	742	2:03.29	717	2:04.40	692	2:05.52	667	2:06.67	642	2:07.85	617
2:01.18	766	2:02.25	741	2:03.33	716	2:04.44	691	2:05.57	666	2:06.72	641	2:07.89	616
2:01.22	765	2:02.29	740	2:03.38	715	2:04.49	690	2:05.61	665	2:06.77	640	2:07.94	615
2:01.26	764	2:02.33	739	2:03.42	714	2:04.53	689	2:05.66	664	2:06.81	639	2:07.99	614
2:01.30	763	2:02.38	738	2:03.47	713	2:04.58	688	2:05.71	663	2:06.86	638	2:08.04	613
2:01.35	762	2:02.42	737	2:03.51	712	2:04.62	687	2:05.75	662	2:06.91	637	2:08.08	612
2:01.39	761	2:02.46	736	2:03.55	711	2:04.66	686	2:05.80	661	2:06.95	636	2:08.13	611
2:01.43	760	2:02.50	735	2:03.60	710	2:04.71	685	2:05.84	660	2:07.00	635	2:08.18	610
2:01.47	759	2:02.55	734	2:03.64	709	2:04.75	684	2:05.89	659	2:07.05	634	2:08.23	609
2:01.52	758	2:02.59	733	2:03.69	708	2:04.80	683	2:05.93	658	2:07.09	633	2:08.28	608
2:01.56	757	2:02.64	732	2:03.73	707	2:04.84	682	2:05.98	657	2:07.14	632	2:08.32	607
2:01.60	756	2:02.68	731	2:03.77	706	2:04.89	681	2:06.03	656	2:07.19	631	2:08.37	606
2:01.64	755	2:02.72	730	2:03.82	705	2:04.93	680	2:06.07	655	2:07.23	630	2:08.42	605
2:01.69	754	2:02.77	729	2:03.86	704	2:04.98	679	2:06.12	654	2:07.28	629	2:08.47	604
2:01.73	753	2:02.81	728	2:03.91	703	2:05.02	678	2:06.16	653	2:07.33	628	2:08.51	603
2:01.77	752	2:02.85	727	2:03.95	702	2:05.07	677	2:06.21	652	2:07.37	627	2:08.56	602
2:01.82	751	2:02.90	726	2:04.00	701	2:05.12	676	2:06.26	651	2:07.42	626	2:08.61	601

800m rasos

Marca	Pontos	Marca	Pontos	Marca	Pontos	Marca	Pontos	Marca	Pontos	Marca	Pontos	Marca	Pontos
2:08.66	575	2:09.88	550	2:11.12	525	2:12.39	525	2:13.70	500	2:15.04	475	2:16.42	450
2:08.71	574	2:09.92	549	2:11.17	524	2:12.45	524	2:13.75	499	2:15.10	474	2:16.48	449
2:08.76	573	2:09.97	548	2:11.22	523	2:12.50	523	2:13.81	498	2:15.15	473	2:16.53	448
2:08.80	572	2:10.02	547	2:11.27	522	2:12.55	522	2:13.86	497	2:15.21	472	2:16.59	447
2:08.85	571	2:10.07	546	2:11.32	521	2:12.60	521	2:13.91	496	2:15.26	471	2:16.65	446
2:08.90	570	2:10.12	545	2:11.37	520	2:12.65	520	2:13.97	495	2:15.31	470	2:16.70	445
2:08.95	569	2:10.17	544	2:11.42	519	2:12.70	519	2:14.02	494	2:15.37	469	2:16.76	444
2:09.00	568	2:10.22	543	2:11.47	518	2:12.76	518	2:14.07	493	2:15.42	468	2:16.81	443
2:09.05	567	2:10.27	542	2:11.52	517	2:12.81	517	2:14.13	492	2:15.48	467	2:16.87	442
2:09.09	566	2:10.32	541	2:11.57	516	2:12.86	516	2:14.18	491	2:15.53	466	2:16.93	441
2:09.14	565	2:10.37	540	2:11.63	515	2:12.91	515	2:14.23	490	2:15.59	465	2:16.98	440
2:09.19	564	2:10.42	539	2:11.68	514	2:12.96	514	2:14.29	489	2:15.64	464	2:17.04	439
2:09.24	563	2:10.47	538	2:11.73	513	2:13.02	513	2:14.34	488	2:15.70	463	2:17.10	438
2:09.29	562	2:10.52	537	2:11.78	512	2:13.07	512	2:14.39	487	2:15.75	462	2:17.15	437
2:09.34	561	2:10.57	536	2:11.83	511	2:13.12	511	2:14.45	486	2:15.81	461	2:17.21	436
2:09.39	560	2:10.62	535	2:11.88	510	2:13.17	510	2:14.50	485	2:15.86	460	2:17.27	435
2:09.43	559	2:10.67	534	2:11.93	509	2:13.23	509	2:14.55	484	2:15.92	459	2:17.33	434
2:09.48	558	2:10.72	533	2:11.98	508	2:13.28	508	2:14.61	483	2:15.98	458	2:17.38	433
2:09.53	557	2:10.77	532	2:12.03	507	2:13.33	507	2:14.66	482	2:16.03	457	2:17.44	432
2:09.58	556	2:10.82	531	2:12.09	506	2:13.38	506	2:14.72	481	2:16.09	456	2:17.50	431
2:09.63	555	2:10.87	530	2:12.14	505	2:13.44	505	2:14.77	480	2:16.14	455	2:17.55	430
2:09.68	554	2:10.92	529	2:12.19	504	2:13.49	504	2:14.82	479	2:16.20	454	2:17.61	429
2:09.73	553	2:10.97	528	2:12.24	503	2:13.54	503	2:14.88	478	2:16.25	453	2:17.67	428
2:09.78	552	2:11.02	527	2:12.29	502	2:13.59	502	2:14.93	477	2:16.31	452	2:17.73	427
2:09.83	551	2:11.07	526	2:12.34	501	2:13.65	501	2:14.99	476	2:16.37	451	2:17.78	426

800m rasos

Marca	Pontos	Marca	Pontos	Marca	Pontos	Marca	Pontos	Marca	Pontos	Marca	Pontos	Marca	Pontos
2:17.84	425	2:19.31	400	2:20.82	375	2:22.39	350	2:24.02	325	2:25.73	300	2:27.51	275
2:17.90	424	2:19.37	399	2:20.88	374	2:22.46	349	2:24.09	324	2:25.80	299	2:27.58	274
2:17.96	423	2:19.43	398	2:20.95	373	2:22.52	348	2:24.16	323	2:25.87	298	2:27.65	273
2:18.01	422	2:19.49	397	2:21.01	372	2:22.59	347	2:24.23	322	2:25.94	297	2:27.73	272
2:18.07	421	2:19.55	396	2:21.07	371	2:22.65	346	2:24.29	321	2:26.01	296	2:27.80	271
2:18.13	420	2:19.61	395	2:21.13	370	2:22.71	345	2:24.36	320	2:26.08	295	2:27.87	270
2:18.19	419	2:19.67	394	2:21.19	369	2:22.78	344	2:24.43	319	2:26.15	294	2:27.95	269
2:18.25	418	2:19.73	393	2:21.26	368	2:22.84	343	2:24.49	318	2:26.22	293	2:28.02	268
2:18.31	417	2:19.79	392	2:21.32	367	2:22.91	342	2:24.56	317	2:26.29	292	2:28.10	267
2:18.36	416	2:19.85	391	2:21.38	366	2:22.97	341	2:24.63	316	2:26.36	291	2:28.17	266
2:18.42	415	2:19.91	390	2:21.44	365	2:23.04	340	2:24.70	315	2:26.43	290	2:28.24	265
2:18.48	414	2:19.97	389	2:21.51	364	2:23.10	339	2:24.76	314	2:26.50	289	2:28.32	264
2:18.54	413	2:20.03	388	2:21.57	363	2:23.17	338	2:24.83	313	2:26.57	288	2:28.39	263
2:18.60	412	2:20.09	387	2:21.63	362	2:23.23	337	2:24.90	312	2:26.64	287	2:28.47	262
2:18.66	411	2:20.15	386	2:21.69	361	2:23.30	336	2:24.97	311	2:26.71	286	2:28.54	261
2:18.72	410	2:20.21	385	2:21.76	360	2:23.36	335	2:25.04	310	2:26.78	285	2:28.62	260
2:18.77	409	2:20.27	384	2:21.82	359	2:23.43	334	2:25.11	309	2:26.86	284	2:28.69	259
2:18.83	408	2:20.33	383	2:21.88	358	2:23.50	333	2:25.17	308	2:26.93	283	2:28.77	258
2:18.89	407	2:20.39	382	2:21.95	357	2:23.56	332	2:25.24	307	2:27.00	282	2:28.85	257
2:18.95	406	2:20.45	381	2:22.01	356	2:23.63	331	2:25.31	306	2:27.07	281	2:28.92	256
2:19.01	405	2:20.52	380	2:22.07	355	2:23.69	330	2:25.38	305	2:27.14	280	2:29.00	255
2:19.07	404	2:20.58	379	2:22.14	354	2:23.76	329	2:25.45	304	2:27.22	279	2:29.07	254
2:19.13	403	2:20.64	378	2:22.20	353	2:23.83	328	2:25.52	303	2:27.29	278	2:29.15	253
2:19.19	402	2:20.70	377	2:22.26	352	2:23.89	327	2:25.59	302	2:27.36	277	2:29.23	252
2:19.25	401	2:20.76	376	2:22.33	351	2:23.96	326	2:25.66	301	2:27.43	276	2:29.30	251

800m rasos

Marca	Pontos	Marca	Pontos	Marca	Pontos	Marca	Pontos	Marca	Pontos	Marca	Pontos	Marca	Pontos
2:29.38	250	2:31.36	225	2:33.47	200	2:35.73	175	2:38.19	150	2:40.92	125	2:44.01	100
2:29.46	249	2:31.44	224	2:33.55	199	2:35.83	174	2:38.30	149	2:41.03	124	2:44.14	99
2:29.53	248	2:31.52	223	2:33.64	198	2:35.92	173	2:38.40	148	2:41.15	123	2:44.28	98
2:29.61	247	2:31.61	222	2:33.73	197	2:36.02	172	2:38.51	147	2:41.27	122	2:44.41	97
2:29.69	246	2:31.69	221	2:33.82	196	2:36.11	171	2:38.61	146	2:41.38	121	2:44.55	96
2:29.77	245	2:31.77	220	2:33.91	195	2:36.21	170	2:38.72	145	2:41.50	120	2:44.69	95
2:29.84	244	2:31.85	219	2:34.00	194	2:36.30	169	2:38.82	144	2:41.62	119	2:44.83	94
2:29.92	243	2:31.94	218	2:34.08	193	2:36.40	168	2:38.93	143	2:41.74	118	2:44.97	93
2:30.00	242	2:32.02	217	2:34.17	192	2:36.50	167	2:39.03	142	2:41.86	117	2:45.11	92
2:30.08	241	2:32.10	216	2:34.26	191	2:36.59	166	2:39.14	141	2:41.98	116	2:45.25	91
2:30.16	240	2:32.19	215	2:34.35	190	2:36.69	165	2:39.25	140	2:42.10	115	2:45.39	90
2:30.24	239	2:32.27	214	2:34.44	189	2:36.79	164	2:39.36	139	2:42.22	114	2:45.53	89
2:30.32	238	2:32.35	213	2:34.53	188	2:36.89	163	2:39.46	138	2:42.35	113	2:45.68	88
2:30.39	237	2:32.44	212	2:34.62	187	2:36.98	162	2:39.57	137	2:42.47	112	2:45.82	87
2:30.47	236	2:32.52	211	2:34.71	186	2:37.08	161	2:39.68	136	2:42.59	111	2:45.97	86
2:30.55	235	2:32.61	210	2:34.80	185	2:37.18	160	2:39.79	135	2:42.72	110	2:46.12	85
2:30.63	234	2:32.69	209	2:34.90	184	2:37.28	159	2:39.90	134	2:42.84	109	2:46.27	84
2:30.71	233	2:32.78	208	2:34.99	183	2:37.38	158	2:40.01	133	2:42.97	108	2:46.42	83
2:30.79	232	2:32.86	207	2:35.08	182	2:37.48	157	2:40.12	132	2:43.10	107	2:46.57	82
2:30.87	231	2:32.95	206	2:35.17	181	2:37.58	156	2:40.24	131	2:43.23	106	2:46.73	81
2:30.95	230	2:33.03	205	2:35.26	180	2:37.68	155	2:40.35	130	2:43.35	105	2:46.88	80
2:31.03	229	2:33.12	204	2:35.36	179	2:37.78	154	2:40.46	129	2:43.48	104	2:47.04	79
2:31.12	228	2:33.21	203	2:35.45	178	2:37.89	153	2:40.57	128	2:43.61	103	2:47.19	78
2:31.20	227	2:33.29	202	2:35.54	177	2:37.99	152	2:40.69	127	2:43.75	102	2:47.35	77
2:31.28	226	2:33.38	201	2:35.64	176	2:38.09	151	2:40.80	126	2:43.88	101	2:47.51	76

TABELA DE PONTUAÇÃO PARA PROVAS COMBINADAS – PENTATLO MASCULINO

800m rasos

Marca	Pontos	Marca	Pontos	Marca	Pontos
2:47.68	75	2:52.46	50	3:01.74	25
2:47.84	74	2:52.69	49	3:01.85	24
2:48.01	73	2:52.93	48	3:01.96	23
2:48.17	72	2:53.17	47	3:02.06	22
2:48.34	71	2:53.42	46	3:02.17	21
2:48.51	70	2:53.67	45	3:02.28	20
2:48.69	69	2:53.94	44	3:02.39	19
2:48.86	68	2:54.20	43	3:02.50	18
2:49.04	67	2:54.48	42	3:02.60	17
2:49.22	66	2:54.76	41	3:02.71	16
2:49.40	65	2:55.06	40	3:02.82	15
2:49.58	64	2:55.36	39	3:02.93	14
2:49.77	63	2:55.67	38	3:03.04	13
2:49.96	62	2:56.00	37	3:03.15	12
2:50.15	61	2:56.34	36	3:03.26	11
2:50.34	60	2:56.70	35	3:03.37	10
2:50.54	59	2:57.07	34	3:03.48	9
2:50.74	58	2:57.47	33	3:03.59	8
2:50.94	57	2:57.89	32	3:03.70	7
2:51.15	56	2:58.34	31	3:03.81	6
2:51.36	55	2:58.83	30	3:03.92	5
2:51.57	54	2:59.38	29	3:04.03	4
2:51.78	53	3:00.00	28	3:04.14	3
2:52.00	52	3:00.73	27	3:04.26	2
2:52.23	51	3:01.69	26	3:04.37	1